

TEXT E: Gratitude book

ANSWERS

- a** Is AJ's book based on a true story or something he imagined? 1 mark

AJ's book is based on a true story (it is nonfiction).

- b** What kind of person was AJ before he wrote the book? 1 mark

AJ was a grumpy person who focused on negative things.

- c** What does Sullivan mean when he says AJ thanked people 'in person'? 2 marks

AJ said 'thank you' while in the same room as them, not over the phone or via email.

- d** How did most people react when AJ thanked them? 1 mark

Most people were appreciative.

- e** What are two benefits of expressing gratitude? 2 marks

Possible answers include:

- **better sleep**
- **lower risk of depression**
- **improved physical health**

- f** Did Sullivan have a positive or a negative reaction to AJ's book? Support your answer with **one** example of his choice of language and **one** example of his delivery. 3 marks

Positive.

Sullivan says the book made a 'big impression' on him and raises his voice to emphasise 'great' when he describes the book as a 'great read'.