

## TEXT E: Gratitude book

### ANSWERS

**a** Is AJ's book based on a true story or something he imagined? 1 mark

**AJ's book is based on a true story (it is nonfiction).**

**b** What kind of person was AJ before he wrote the book? 1 mark

**AJ was a grumpy person who focused on negative things.**

**c** What does Sullivan mean when he says AJ thanked people 'in person'? 2 marks

**AJ said 'thank you' while in the same room as them, not over the phone or via email.**

**d** How did most people react when AJ thanked them? 1 mark

**Most people were appreciative.**

**e** What are two benefits of expressing gratitude? 2 marks

**Possible answers include:**

- **better sleep**
- **lower risk of depression**
- **improved physical health**

**f** Did Sullivan have a positive or a negative reaction to AJ's book? Support your answer with **one** example of his choice of language and **one** example of his delivery.

3 marks

**Positive.**

**Sullivan says the book made a 'big impression' on him and raises his voice to emphasise 'great' when he describes the book as a 'great read'.**