

TEXT G: Vegetarianism

Background information

George and Angelina are eating their lunch together. They are discussing vegetarian diets.

QUESTIONS

- a** Name **one** item from George's lunch, and **one** item from Angelina's lunch. 2 marks

George's lunch: _____

Angelina's lunch: _____

- b** What does Angelina want to ask George questions about? 1 mark

- c** George mentions a number of foods that are high in protein. Name **one** of these. 1 mark

- d** George describes two important combinations to consider when cooking. Complete the table below, summarising the information. 2 marks

	Combination 1	Combination 2
Content	flavours	
Result		Food is healthy and filling.

- e** What is the main reason Angelina gives for not wanting to become a vegetarian? 1 mark

- f** In what way are George's and Angelina's families different? 1 mark

- g** George mentions a number of possible health benefits of a vegetarian diet. Name **two** of the conditions whose risk he says can be reduced. 2 marks

1. _____

2. _____